# Welcome week in the kindergarten



To ensure the best possible start in the kindergarten, it is important to start up gently, as we have outlined below. We will have extra focus on the child in the first period, in such a way, that a safe relationship can be established fast.

We would also like to be in close contact with you as parents. In the first week, we would like you to be available on the phone so that we can contact you during the day.

On the first two days you will be present at the kindergarten but after that you will drop off your children, say goodbye and leave.

It is important to establish good goodbye routines early on, either by using a waving window or other routines which work well for your child.

You are welcome to talk to us about good routines.
We have many years of experience and are happy to support.



# Welcome week in the kindergarten:

## The first day:

You and your child spend the time together in the institution from 9 to 10.30 am. The day should be understood as a visit where you meet the other children and teachers in the stue. It is important that you are staying with your child during the whole time. The visit takes approximately one and a half hours.

#### The second day:

The child will be alone in the kindergarten from the morning (before 9 am) until after lunch (12 am) when you will pick him or her up again. The teachers have an extra focus on the child on that day and help to join the other children in their play and be included in the activities.

### The third day:

Depending on how the previous day went, we will try for the child to have a "regular" day in the kindergarten. That means that the child will participate in activities, lunch, play on the playground and eat an afternoon snack. The child should be picked up latest 3 pm.

## Rest of the week (days four and five):

The rest of the week (days four and five) are regular days, but it is expected that you pick up your child relatively early.

# Please bring along:

Your child should be dressed according to the season, including suitable outerwear and shoes. Remember that children are very active, so the shoes must be fitting well and be step safe.

#### **Clothes in the wardrobe:**

Children are required to have an extra set of raingears, rubber boots and home slippers which will be staying in the cloak room area. In addition, an extra set of clean changing clothes should be available in the box in the wardrobe, including an extra warm top and a hat.

The minimum list of clothes in the wardrobe includes: underwear, socks, long trousers, shorts, singlet/t-shirt, warm top/fleece, wind stopping jacket, rain pants, rain jacket, hat and mittens.

We do not recommend knit mittens. Nor are hats with strings and scarfs allowed due to risk of choking.

#### Name the clothes:

Remember to mark the child's name in all clothes. Write it so that it is readable well and, in a place, where it can be found easily. It is also recommended to mark it with a symbol so that the children can easily recognize their own clothes.

#### **Diapers:**

Up until children are three years old, diapers are included in the daycare fee. After that parents are responsible for taking diapers to the kindergarten. We will leave a sign at the child's wardrobe when it is time to bring more diapers.